

Bath Creamers

Ingredients

In the mixing bowl

- 600g Sodium Bicarbonate
- 300g Citric Acid
- 100g Cornstarch
- 100g Cocoa Butter Unrefined
- 50g Refined Shea Butter
- 1-2% Toiletry/Cosmetic Grade Fragrance Oil Concentrate (10-20ml)

On the Outside

Petals – try Rose, Heather, Lavender, Calendula, Jasmin, Blue Malva, and Cornflower... how many depends on the effect you wish to achieve; allow around 20 - 50g for a batch though, more if you want a floral explosion 😊

Method

- Melt Butters in short bursts in the microwave, Cocoa first
- Whilst the butters are melting combine all dry ingredients in a bowl
- Wearing gloves add fragrance to the melted butters and begin to work the liquid mix into your dry ingredients, a large spoonful at a time
- Aim for a mix that holds together when squeezed and is quite oily but not oozing oil – you should be able to shape the mix in your hands
- Sprinkle petals onto a clean dry surface (protect with clingfilm), take a piece of your “dough” roughly golf ball size, form into a round and roll in your petals pressing lightly to ensure some of them “stick”
- Set aside to dry
- Wrap in film or bags
- Store cool until needed CAUTION! Oil rich bath products WILL make your bath slippery.

Variations;

- Substitute fragrance for essential oil.(please research suitable essential oils for your use)
- Add water soluble colour to your dry mix – we recommend powder for ease of use
- Match your petals to your fragrance – rose, lavender etc