

Basic Bath Melts

Ingredients

- 100g Cocoa Butter
- 50g Refined or Unrefined Shea Butter
- 50ml Sweet Almond Oil (or similar vegetable Base Oil)
- 1-2% Toiletry/Cosmetic Grade Fragrance Oil Concentrate (2-4ml)

Optional

- Paper petit four cases
- Rose Buds and/or Heart Body Jewels to decorate

Method

- Melt Cocoa Butter in short bursts in the microwave
- Once Cocoa Butter has melted, add Shea Butter and repeat
- Remove from heat and add Sweet Almond Oil
- Add fragrance concentrate and stir to combine all ingredients
- Allow to cool for a few minutes
- Transfer to paper cases using a spoon or pipette
- Allow to cool until beginning to go cloudy
- If using, stand one Rosebud in each Melt – insert with the stalk
- If using, sprinkle several heart jewels onto the surface of the melts

Variations;

- Substitute fragrance for essential oil.(please research suitable essential oils for your use)
- Blend a little pigment powder into a teaspoonful of base oil before beginning until you have a paste. Use the paste to blend into the molten oils/butters to produce coloured bath melts.